



## Sun Safety Policy

At Camp Oconto we acknowledge the importance of sun protection and want our staff and campers to enjoy the outdoors safely. We are committed to working with our staff and campers to achieve this through:

### Leadership

We commit to making sun safety a part of our camp culture. **Specifically, we will:**

- Ensure that all staff complete training on sun safety.
- Advise our staff that we expect them to model sun safe behaviours.
- Include sunscreen, hats, UV protective sunglasses and UV protective clothing on our suggested packing lists.
- Sell broad spectrum sunscreen SPF 30 or higher in our tuck shop.
- Sell UV shirts (also called rash guards) in our online store for pre-order.
- Sell reusable water bottles in our tuck shop to promote hydration.
- Set targets/goals: at Oconto, our goal is to have no sun or heat related injuries or illnesses (e.g. sunburns, heat exhaustion, etc.)

### Sun Safe Environment

We know that a sun safe environment helps to promote sun safety at camp. We commit to ensuring our camp environment has sun safe options available wherever possible. **Specifically, we will:**

- Ensure that picnic tables and outdoor seating are placed in shaded areas where possible.
- Strive to have a shaded area at each activity where feasible.

### Sun Safe Behaviours

We know that campers need excellent role models along with routines and reminders to practice sun safety at camp. We are committed to having routines in place to enable this. **Specifically, we will:**

- Conduct daily reminders about sun safety behaviours with all campers (as part of the TWIST routine).
- Run camp activities indoors or in the shade between 12:15pm – 2:45pm, when possible.
- Ensure that duty counsellors in each section remind campers to apply sunscreen and wear sun protective clothing/a hat/ sunglasses before both their morning and afternoon activities.
- Remind campers and staff about sun safety when they pass the flag pole in the centre of camp at the start of both morning and afternoon activities (an Oconto senior leadership team member stands at the flag pole during these times to provide this reminder).
- Provide team-based incentives to practice sun safety (e.g. during special all camp programs, teams have points deducted if the whole team is not wearing a hat).
- Provide sun safety reminders during the announcements at mealtimes.
- Encourage adequate hydration both during and outside of meals.